HEALTH SERVICES

Victorian Aboriginal Health Service (VAHS)
The Victorian Aboriginal Health Service provides a variety of medical services including dental, maternal health, child health and audiology. VAHS also provides community programs including active elders programs, boorai classes, gym, hydrotherapy, diabetes club, HACC, family violence, men’s health and the Koori community kitchen.

186 Nicholson Street
Fitzroy VIC 3065
Ph: (03) 9419 3000
www.vahs.org.au

Victorian Aboriginal Health Service Family Counselling Service
The Family Counselling Services at VAHS operate as part of the Victorian Aboriginal Adult Mental Health Network (VAAMHN). There are five Koori beds located in the psychiatric ward at St Vincent’s Hospital. VAAMHN provide a range of programs that have partnerships with St Vincent’s Hospital, Community Psychiatric Service, Northern Hospital (Epping), Darebin (CMHS), Cat & MST Teams (Metropolitan) and the nationwide cannabis project.

238-250 Plenty Road
Preston VIC 3072
Ph: (03) 9403 3300
www.vahs.org.au/family_counselling.html

Ngwala Willumbong Co-operative Ltd (Drug and Alcohol Service)
Ngwala is a key service provider offering specialist alcohol and drug rehabilitation and outreach support services to the Aboriginal community in Victoria. Services are steered by a multidisciplinary team including drug and alcohol counsellors, specialist counsellors, welfare workers, case managers, social workers, family support workers, housing support, and outreach and youth workers.

93 Wellington Street
St Kilda VIC 3182
Ph: (03) 9510 3233
www.ngwala.org.au

Plenty Valley Community Health
Plenty Valley Community Health provides quality allied health, social support, disability, dental and health promotion services that focus on early detection, treatment and prevention.

Epping Centre & Dental Services
The Northern Hospital Site
187 Cooper Street
Epping VIC 3076
Ph: (03) 9409 8787

Whittlesea
42 Walnut Street
Whittlesea VIC 3757
Ph: (03) 9716 9444

Mill Park (Disability Services)
31A Morang Drive
Mill Park VIC 3082
Ph: (03) 9407 9699
www.pvch.org.au

Epping Medical and Specialist Centre
Level 2, Tenancy 6 230 Cooper Street
Epping VIC 3076
Ph: (03) 9422 8055

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Twitter.com/NMmedicarelocal

www.nmml.org.au
216 Lower Heidelberg Road, Ivanhoe East
PO Box 2209, Ivanhoe East VIC 3079
Ph: 03 9490 2700  Fax: 03 9497 4192

Medicare Locals gratefully acknowledge the financial and other support from the Australian Government Department of Health and Ageing.
Plenty Valley Community Health Aboriginal and Torres Strait Islander Specialist Clinics
Northern Health in partnership with Plenty Valley Community Care are providing Aboriginal and Torres Strait Islander specific clinics including respiratory, psychiatry and dental.

- **Respiratory** specialist clinics for assistance with chronic cough, emphysema, smoking, asthma, obstructive sleep apnoea, insomnia and snoring.
  Referral process contact: Tanya Kryvonosova PVCH (03) 8401 1373
  Northern Health Aboriginal Community Liaison contact: Lindsay Holmes (03) 8405 8716
- **Psychiatry** specialist clinics for assistance with relationship difficulties, grief, loss and separation, drug and alcohol issues, crisis in the home or workplace, depression/anxiety, thoughts of suicide and self-harm.
- **Dental** clinics, services provided include; all dental emergencies, clinical examinations, fillings and extractions, general dental treatments and advice, non-metal dentures (false teeth), preventative treatments and advice, dental health education and promotion, dentures (costing up to $120).

Plenty Valley Community Health
187 Cooper Street
Epping VIC 3076
Ph: (03) 9409 8787

Darebin Community Health
Darebin Community Health offers dental, medical and allied health services. This service also offers Aboriginal and Torres Strait Islander specific exercise and social group programs such as Budda Men’s Shed, Kookaburra Social Club, Emu Strutters and Sista Circle.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Reservoir Location</td>
<td>125 Blake Street</td>
<td>(03) 8470 1111</td>
</tr>
<tr>
<td>Northcote Location</td>
<td>Northcote VIC 3070</td>
<td>(03) 9403 1200</td>
</tr>
<tr>
<td>Panch Health Service</td>
<td>300 Bell Street</td>
<td>(03) 9485 9000</td>
</tr>
<tr>
<td>Greensborough Location</td>
<td>3/25-33 Grimshaw Street</td>
<td>(03) 9433 5111</td>
</tr>
</tbody>
</table>


Banyule Community Health
The Banyule Community Health Aboriginal Health Team consists of four Aboriginal staff who assist in running programs and local groups. They also provide help with case management, linking health services and provide advocacy to assist Aboriginal and Torres Strait Islander people. Services available include men’s group, women’s group, play group, a youth mentoring program and community development activities such as food bank and family days.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>West Heidelberg Location</td>
<td>21 Alamein Road West</td>
<td>(03) 9450 2000</td>
</tr>
<tr>
<td>Greensborough Location</td>
<td>3081</td>
<td>(03) 9453 5111</td>
</tr>
<tr>
<td>21 Alamein Road West</td>
<td>Greensborough VIC 3088</td>
<td></td>
</tr>
<tr>
<td>3/25-33 Grimshaw Street</td>
<td>Greensborough VIC 3088</td>
<td></td>
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<tr>
<td>Ph: (03) 9450 2000</td>
<td>Ph: (03) 9453 5111</td>
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www.bchs.org.au/services/BHATS.php

www.nmml.org.au
216 Lower Heidelberg Road, Ivanhoe East
PO Box 2209, Ivanhoe East VIC 3079
Ph: (03) 9490 2700  Ph: (03) 9497 4192

Medicare Locals gratefully acknowledge the financial and other support from the Australian Government Department of Health and Ageing.
**Dianella Community Health**
Dianella Community Health offers a range of services including medical and paediatric, dental, psychological and counseling, aged and rehabilitation, child, youth and family, chronic disease management, care coordination, early intervention specialist children's services, audiology, hospital admission risk program, community asthma program, mental health rehabilitation services.

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Corner Rosebud Crescent &amp; Sorrento Street</td>
<td>Ph: (03) 9309 9200</td>
</tr>
<tr>
<td>Broadmeadows 3047</td>
<td>Ph: (03) 9309 8784</td>
</tr>
<tr>
<td>Craigieburn</td>
<td>Ph: (03) 9308 1222</td>
</tr>
<tr>
<td>Central Intake</td>
<td>Ph: (03) 9309 0320</td>
</tr>
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</table>

**Wulumperi Aboriginal and Torres Strait Islander Sexual Health Unit**
The Aboriginal and Torres Strait Islander Sexual Health Unit provides information, advice, testing and treatment for sexual health. All services are free of charge.

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Melbourne Sexual Health Centre</td>
<td>Ph: (03) 9341 6200</td>
</tr>
<tr>
<td>580 Swanston Street</td>
<td>Toll free ph: 1800 458 406</td>
</tr>
</tbody>
</table>

**Diabetes Australia Victoria**
Colin Mitchell
Aboriginal Liaison Officer
570 Elizabeth Street
Melbourne VIC 3000
Ph: (03) 8648 1833
cmitchell@diabetesvic.org.au

**Merri Community Health Services**
Merri Community Health Services offer a range of programs and services including community nursing, diabetes education, dietetics, occupational therapy, physiotherapy, podiatry, speech pathology, case management, children’s services, counselling and support services, dental, diabetes prevention program, hospital admission risk program, youth health and Moreland food access project.

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liz Phillips – ATSI Community Development Officer</td>
<td>11 Glenlyon Road</td>
</tr>
<tr>
<td>Brunswick VIC 3056</td>
<td>Ph: (03) 9389 2271</td>
</tr>
<tr>
<td><a href="http://www.merrichs.org.au">www.merrichs.org.au</a></td>
<td></td>
</tr>
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</table>

**Quit Victoria Aboriginal Services**
Quit Victoria has an Aboriginal program which includes an Aboriginal Programs Coordinator, four Aboriginal Quitline Counsellors, an Aboriginal Liaison Officer, and an Aboriginal Research Project Officer.

For enquiries contact Kylie Belling Ph: (03) 9635 5524 or Quitline: 13 78 48.
www.quit.org.au
Victims Assistance and Counselling Program (VACP)
The Victims Assistance and Counselling Program is a network of service providers across Victoria which deliver services to victims of violent crime. The program is a free service.

Merri Community Health Services
Level 2 110 Chifley Drive
Preston VIC 3072
Ph: (03) 9480 6166
Email: VACPintake@mchs.org.au
Victims of Crime Helpline Ph: 1800 819 817
www.merrichs.org.au/Pages/VictimsAssistanceandCounsellingProgram.aspx

COMMUNITY SERVICES
Aboriginal Community Elders Services Inc. (ACES)
The Aboriginal Community Elders Services Incorporated (ACES) is an Aboriginal community controlled organisation that provides care services for local Elders, including planned activity groups, hostel accommodation, nursing home and a community care program.

5 Parkview Ave
Brunswick East Vic 3057
Ph: (03) 9383 4244

Access Services for Koories (ASK)
Access Services for Koories offers a full range of support to clients including care planning, care coordination, support for carers and facilitation of relationships between Indigenous clients and their health care providers.

Level 1, 238-250 Plenty Road
Preston VIC 3072
Ph: (03) 8679 2000
www.askhealth.org.au

Melbourne Aboriginal Youth, Sport and Recreation Co-operative Ltd (MAYSAR)
The Melbourne Aboriginal Youth, Sport and Recreation Co-operative Ltd brings the community together and encourages healthier lifestyles. MAYSAR provides a boxing gymnasium with fitness and free weight equipment, football, a physical activity program, Active Kooris club for the elderly, Kooris in the kitchen for women, a nutrition program which provides free healthy meals to people living on the streets, a pay as you feel café offering training in hospitality, a computer room with internet access, dance music and performing arts.

184 -186 Gertrude Street
Fitzroy VIC 3065
Ph: (03) 9486 9123

Aboriginal Housing Victoria (AHV)
AHV empowers the Aboriginal and Torres Strait Islander community by providing safe and affordable housing. AHV also provides support to increase the spiritual, political, social, educational and economic strength of individuals and communities.
Narrandjeri House
125-127 Scotchmer Street
North Fitzroy VIC 3068
Ph: (03) 9403 2100
www.ahvic.org.au
Aborigines Advancement League
The Aborigines Advancement League provides a number of services to Koori people, including family support, employment programs, food assistance, home visits, advocacy, counselling and educational programs, drug and alcohol awareness and funeral services. The Aborigines Advancement League has a cultural unit that provides information and speakers for schools.

2 Watt Street
Thornbury VIC 3071
Ph: (03) 9480 7777

Department of Human Services Indigenous Specialist Officer Melbourne
Working with Aboriginal and Torres Strait Islander people to improve their access to the Department of Human Services, including Centrelink.

Olly Phillips
Darebin Service Centre
PO Box 107
Box Hill VIC 3128
Ph: (03) 9920 0422

Connecting Home
Connecting Home is a service that provides support to people and their family members who identify as being affected by the Stolen Generations. Programs include case management, healing and community engagement and utilising person-centred practice.

Kathy Nicholls
Case Manager
14 Gipps Street
Collingwood VIC 3066
Ph: (03) 8679 0777 Mobile: 0423 013 536
www.connectinghome.org.au

Victorian Aboriginal Education Association Inc. (VAEAI)
VAEAI’s main functions are providing advice on Koori education issues, monitoring education trends and advocating for the needs of the Aboriginal community.

144 Westbourne Grove
Northcote VIC 3070
Ph: (03) 9481 0800
www.vaeai.org.au

Aboriginal Hostels Limited
Aboriginal Hostels limited provides safe, comfortable, culturally appropriate and affordable accommodation for Indigenous Australians who live away from home in order to access services and economic opportunity.

George Wright Shelter
66 George Street
Fitzroy VIC 3065
Ph: (03) 9486 9620
Lady Gladys Nicholls Hostel
56 Cunningham Street
Northcote VIC 3070
Ph: (03) 9489 0032
www.ahl.gov.au

William T Onus Hostel
75 Westgarth Street
Northcote VIC 3070
Ph: (03) 9489 6701

Galiamble Half Way House for Men
66 Grey Street
St Kilda VIC 3182
Ph: (03) 9534 1602
**ABORIGINAL HEALTH & COMMUNITY SERVICES**

**Australian Red Cross Patient Transport**
The Australian Red Cross Patient Transport service provides transport for essential medical appointments. A health professional or social work referral is required.

Ph: 1800 246 850
Email: viccommunityprograms@redcross.org.au

**Victorian Aboriginal Community Services Association Ltd (VACSAL)**
The Victorian Aboriginal Community Services Association Ltd is a state-wide agency that is a major provider of services to the Aboriginal community. These services include the youth program and residential support, Aboriginal Best Start Project, Gambling Awareness Project and the Indigenous Men’s Support Programs.

496 High Street
Northcote VIC 3070
Ph: (03) 9416 4266
www.vacsal.org.au

**Medical Companion Service**
The medical companion service assists people who are travelling independently to Melbourne for medical appointments. This service is to support individuals who are unfamiliar with Melbourne and who may require companion support to navigate public transport. This service is available from Southern Cross and Flinders Street stations where volunteers meet travelers to accompany them to and from their medical appointments on Melbourne’s public transport systems. This is a free service.

Available from Southern Cross Station and Flinders Street Station.
Ph: 1300 700 399

**Whittlesea Community Connections**
Whittlesea Community Connections provides a transport service available to City of Whittlesea residents who are transport disadvantaged. Community members can be transported to medical appointments and social groups. This is a free service, however gold coin donations are encouraged where possible.

Shop 111, Epping Plaza Cnr Cooper & High Streets
Epping VIC 3076
Ph: (03) 9401 6666
Email: admin@whittleseacommunityconnections.org.au
Referral forms available online.
www.whittleseacommunityconnections.org.au/content/community-transport/

**Nillumbik Transport Connections Program**
Nillumbik Transport Connections Program provides a transport service available to Nillumbik Shire Council residents who are transport disadvantaged. Community members can be transported to medical appointments, shopping and social groups. A gold coin donation is required.

Transport Connections Officer
Ph: (03) 9433 3156
www.nillumbik.vic.gov.au/Living_in_Nillumbik/Aged_services/Transport_options
Care Connect
Care Connect is committed to working with Aboriginal and Torres Strait Islander communities to provide culturally sensitive support for Elders and those with age-related health conditions who live at home. Care connect offers Aboriginal Community Aged Care Package for Aboriginal and Torres Strait Islander Elders in Victoria.

Mary Cigognini
Eastern Metropolitan Region
605 Doncaster Road, Doncaster VIC 3108
Ph: (03) 9840 4444
E: mcigognini@careconnect.org.au

Tracy Hall
Eastern Metropolitan Region
36A Hardy Street, Lilydale VIC 3140
Ph: (03) 9737 6302
E: thall@careconnect.org.au

Meg Olmstead
North West Metropolitan Region
Level 1, 641 Mt Alexander Road, Moonee Ponds VIC 3039
Ph: (03) 9362 8000
E: molmstead@careconnect.org.au

LINK Community Transport Inc.
LINK Community Transport is a non-profit organisation providing community transport for people in the northern suburbs of Melbourne including the local government areas of Banyule, Darebin, Hume, Moreland, Nillumbik, Whittlesea and Yarra. The services are focused on assisting older people and people with a disability (and their carers).

www.careconnect.org.au/Resources/ATSI-services

LEGAL SERVICES
Victorian Aboriginal Legal Service (VALS)
The Victorian Aboriginal Legal Service Co-operative Limited provides legal advice and representation for the Koori community.
273 High Street
Preston VIC 3072
Ph: (03) 9419 3888
Toll Free Ph: 1800 064 865 (24 hour service)
www.vals.org.au

Aboriginal Family Violence Prevention and Legal Service (FVPLS) Victoria
FVPLS Victoria provides assistance to Aboriginal & Torres Strait Islanders victims of family violence and sexual assault and to parents/carers of Aboriginal & Torres Strait Islanders children. The service is not funded to assist perpetrators. Services provided include: legal advice, counseling, community education and policy/law reform.

Level 3 70-80 Wellington St
Collingwood VIC 3066
Ph: (03) 9244 3333
Free call: 1800 105 303
Fax: (03) 9416 0147
Email: information@fvpls.org

www.nmml.org.au
216 Lower Heidelberg Road, Ivanhoe East
PO Box 2209, Ivanhoe East VIC 3079
t 03 9490 2700  f 03 9497 4192
CHILDREN’S SERVICES

Victorian Aboriginal Child Care Agency (VACCA)

The Victorian Aboriginal Child Care Agency is the lead Aboriginal child and family welfare organisation in Victoria, protecting and promoting the rights of Aboriginal children, young people, families and the community.

273 High Street
Preston VIC 3072
Ph: 03 9480 7300
www.vacca.org

Bubup Wilam for Early Learning Inc.

Bubup Wilam, meaning Children’s Place in Woi Wurrung language, seeks to underpin and strengthen that vision through the services philosophy of instilling and strengthening children’s strong sense of Aboriginal identity and personal self-esteem as their foundation for lifelong learning, health and wellbeing. This equates to children and with the support of their parents and extended family, taking a lead responsibility in owning and developing their play, space, interaction, learning and engagement with others in a confident and supported way. Guided by the teaching staff, Bubup Wilam aim to ensure our children at a very early age begin the journey in reaching their full human potential.

76 Main Street
Thomastown VIC 3074
Ph: (03) 8459 4800

HOSPITAL RESOURCES

Austin Health Aboriginal Hospital Liaison Officer
Suzanne Nelson
Ph: (03) 9496 5638
Email: Suzanne.Nelson@Austin.org.au

Northern Health Aboriginal Hospital Liaison Officer
Karen Bryant
Ph: (03) 8405 8476
Email: Karen.Bryant@nh.org.au

Northern Health Aboriginal Community Liaison Officer
Lindsay Holmes
Ph: (03) 8405 8716
Email: Lindsay.Holmes@nh.org.au

Northern Hospital Psychiatric Unit Aboriginal Mental Health Liaison Officer
Michelle Hannon
Ph: (03) 8405 2748
Email: Michelle.Hannon@nh.org.au

Mercy Health Senior Aboriginal Hospital Liaison Officer
Jo Pappas
Ph: (03) 8458 4393
Mob: 0407 285 446
Email: jpappas@mercy.com.au
Mercy Health Aboriginal Liaison Officer
Jodie Lovett
Ph: (03) 8458 4392 Mob: 0419 983 187
Email: jlovet@mercy.com.au

St Vincent’s Aboriginal Hospital Liaison Officer
Michelle Winters
Ph: (03) 92883436

St Vincent’s Aboriginal Health Coordinator
John Willis
Email: john.willis@svhm.org.au

Royal Women’s Hospital Aboriginal Hospital Liaison Officer
Terori Hareko-Samios
Ph: (03) 8345 3048

COUNCIL RESOURCES
City of Darebin Home and Community Care Aboriginal Liaison Officer
Working with Aboriginal and Torres Strait Islander agencies to improve access to local government services surrounding home and community care (HACC).

Cathy Austin
274 Gower Street
Preston VIC 3072
Ph: (03) 8470 8543

City of Darebin Aboriginal Affairs Officer
Salina Bernard
Ph: (03) 8470 8366

Hume City Council Home and Community Care Aboriginal Liaison Officer
Working with Aboriginal and Torres Strait Islander agencies to improve access to Local Government services surrounding home and community care (HACC).

Leanne Brooke
1079 Pascoe Vale Road
Broadmeadows VIC 3047
Ph: (03) 9205 2838
Mob: 0411 657 517
www.hume.vic.gov.au/Services_For_You/Other_Services/Indigenous_Peoples

City of Whittlesea Home and Community Care Aboriginal Liaison Officer
Working with Aboriginal and Torres Strait Islander agencies to improve access to Local Government services surrounding home and community care (HACC).

25 Ferres Boulevard
South Morang VIC 3752
Ph: (03) 9407 5938

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www.nmml.org.au
216 Lower Heidelberg Road, Ivanhoe East
PO Box 2209, Ivanhoe East VIC 3079
t 03 9490 2700 f 03 9497 4192
City of Whittlesea Aboriginal Liaison Coordinator
Donna Wright
Ph: (03) 9217 2159
Email: donna.wright@whittlesea.vic.gov.au